

Survey

How should we be supporting your health and wellbeing on the Kāpiti Coast?

Our communities are concerned about the lack of health and wellbeing services close to home.

The district faces some unique challenges, including:

- An older than average age profile
- Higher than average rates of disability and long-term conditions
- A changing ethnic profile
- Rising demand for mental health and addiction support
- Pockets of deprivation and inequitable access, particularly in Ōtaki
- Ensuring provision keeps pace with rapid population growth
- Long journeys to Palmerston North or Wellington for appointments and urgent care.

That is why we have developed a draft Health and Wellbeing Strategy.

The Strategy sets out how we can work together with our community and health partners to achieve our goal of a healthier Kāpiti.

To ensure we have this strategy right, we want to hear your feedback.

Have your say

Feedback closes midnight 18 November 2026

Complete this form online.

Online

- Complete our survey online at **haveyoursay.kapiticoast.govt.nz/HealthWellbeingStrategy**
- Email your feedback to **haveyoursay@kapiticoast.govt.nz**

In person drop-in sessions

- Talk to us at our drop-in sessions in various locations around the district. Details are on our website – **haveyoursay.kapiticoast.govt.nz/HealthWellbeingStrategy**

On paper

Fill in this submission form and either:

- Drop it into one of our libraries or service centres.
- Post it to Health Strategy Feedback, Kāpiti Coast District Council, Private Bag 60601, Paraparaumu 5254.

Kāpiti Coast DISTRICT COUNCIL
Me Huri Whakamuri, Ka Titiro Whakamua

The strategy

You want health and wellbeing options closer to home. This strategy sets out a vision for a **healthier Kāpiti** through striving for **an equitable, accessible and connected health and wellbeing system**.

It aims to address our community's concerns by focusing on five key areas:

- Supporting collective activity that focuses on prevention and healthy living.
- Supporting a collective understanding of community needs.
- Supporting more local primary and community health and wellbeing services
- Supporting better access to after-hours and urgent services.
- Supporting better access to hospital and other secondary health services.

The draft Health and Wellbeing Strategy sets **a clear direction for how Council can support** better health and wellbeing outcomes by:

- Protecting population health through legislated public health responsibilities and providing infrastructure, services, facilities and open spaces for recreational activities, so that people can live healthy lifestyles and avoid ill health.
- District-wide planning as an enabler to meet the needs of our growing population by supporting health and wellbeing providers to live and do business.
- Understanding community needs and connecting and advocating with providers and organisations who can meet these needs.

Improving health outcomes is not something Council can achieve alone. This strategy brings together Council, health providers, iwi, government agencies, community groups and residents around a shared vision for a healthier Kāpiti.

We want to hear what matters most to our community and whether we are focusing on the right areas for the years ahead.

Have your say

Your voice matters. Please respond to as many questions as you can to help inform our Health and Wellbeing Strategy.

About you

Name: **Email:**

Are you completing this on behalf of an organisation?

◯ Yes ◯ No If yes, please name the organisation:

Age group: ◯ Under 20 ◯ 20s ◯ 30s ◯ 40s ◯ 50s ◯ 60s ◯ 70s ◯ 80+

Do you live or own a property in the Kāpiti Coast District?

◯ Yes ◯ No If yes, which area?

◯ Paekākāriki ◯ Peka Peka ◯ Raumati ◯ Ōtaihanga ◯ Paraparaumu ◯ Waikanae

◯ Te Horo ◯ Ōtaki ◯ Hautere ◯ Reikōrangi ◯ Other

If no, where are you from?

Are you a Kāpiti Coast District ratepayer? ◯ Yes ◯ No

Please answer the questions below.

1. How important is it that there is an increase in accessible, sustainable and affordable health and wellbeing services across the district? (Please tick one)

Very important	Somewhat important	Neither important/ unimportant	Somewhat unimportant	Not important
◯	◯	◯	◯	◯

Further comments

2. Have we reflected the issues faced by our community within the draft strategy? ◯ Yes ◯ No

Are we missing anything important?

3. Overall, how would you rank the five areas of focus with 1 being the most important and 5 being the least important? You will find more information about these focus areas on pages 15-17.

Please rank each focus area from 1 to 5, with 1 being the most important.	
 Supporting collective activity that focuses on prevention and healthy living (to promote wellbeing and prevent ill health)	◯
 Supporting a collective understanding of community needs (to enable effective investment and advocacy)	◯
 Supporting more local primary and community health and wellbeing services (to enable holistic and integrated health care closer to home)	◯
 Supporting better access to after-hours and urgent services (through local provision and better access to regional and technology-based services)	◯
 Supporting better access to hospital and other secondary health services (in an accessible, integrated way to meet existing and future needs).	◯

4. Looking at the five focus areas above, is there anything we've missed?

5. Have we got the measures of success for each focus area correct? See pages 15-17. ◯ Yes ◯ No

Further comments

6. Any other comments you'd like to make or things we may have missed.

Thank you for your feedback

Thank you for taking the time to share your thoughts on our draft Health and Wellbeing Strategy.

The information you've provided will be reviewed and summarised by our Strategy and Growth team. The summary will be shared with elected members and may be made public on our website. However, your personal details won't be included.

All feedback will help us finalise the Health and Wellbeing Strategy, which we intend to adopt in December 2026.

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- To enable the Council to administer and maintain its records and carry out its required functions.

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If you would like to ask for a copy of your information, or to have it corrected, please contact us at **kapiti.council@kapiticoast.govt.nz** or **+64 4 296 4700**. Further information can be found here: **www.kapiticoast.govt.nz/legal-notices**